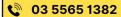
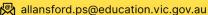


Safe, Respectful & Responsible Learners



Frank St, Allansford 3277



allansford-ps.vic.edu.au



KEY DATES

Allansford and District Primary School has been built on the traditional lands of the Peek Whurrong people of the Eastern Maar Nation and wish to acknowledge them as the custodians of the land and waterways. We pay our respects to their Elders, past and present, and extend that to all Aboriginal and Torres Strait Islander people.





TERM 4 - 2025

WEEK THREE

Wednesday 22nd: Year 3 /4

Camp Port Fairy

Thursday 23rd: Year 3 /4 Camp

Port Fairy

Friday 24th: T.I.L. day for 3/4

Camp

WEEK FOUR

Monday 27th: Year 5/ 6 Regional

Hooptime- Hamilton

Friday 31st: World Teachers' Day

WEEK FIVE

Monday 3rd: Year 3-6

swimming

Wednesday 5th: Year 3-6

swimming

Thursday 6th: Year 3-6

swimming

Division Cricket @ Port Fairy 1.30pm

Friday 7th: Year 3-6 swimming

WEEK SIX

Monday 10th: Year 3-6

swimming

Tuesday 11th: Parents' Club @

7.30pm

Phones & Smart watches are **not** to be used at school.

ALLANSFORD ALIVE SCHOOL NEWSLETTER

Hi Allansford and District Communiity. The week started off with 3/4 Hooptime and 3/4 cricketers representing the school and doing very well. Congrats to Mr Rock's basketballers who are heading to Melbourne. Nasty weather has prevented our Year 3/4s from heading to Port Fairy today but we will be heading off on the 17 and 18th of November instead.

STUDENT LEADERS

Congratulations to **Lachlan** (Week 1) **and Torja** (Week 2) for organising and presenting their respective assemblies.

School Values

Our school has four key values which guide our daily practices: Be Safe + Be Respectful + Be Responsible + Be a Learner

STUDENT AWARDS

Congratulations on the fantastic efforts you have all shown for a huge range of skills and achievements. You should be proud of your achievements –

We certainly are!







Our "Values Award' is presented to a student demonstrating our school values.

This was awarded in Week 1 to **Henry**, for being an upstander in the yard at lunchtime. He called out a behaviour that wasn't an expected behaviour by telling a teacher about it. This helped stop repeated behaviours and kept others safe. **Congralulations** Henry.



STUDENT AWARDS Cont.

Our "Values Award' is presented to a student demonstrating our school values.

The Week 2 Values Award was presented to Gus for helping many of his teammates out. He was seen helping and supporting people that he wouldn't normally work with. **Congralulations** Gus.





The 'Melo Award' is presented to a student or students who have made a positive choice to help an individual or group.

This was proudly presented in Week 1 to **Chad** who had noticed another person who had hurt their ankle and looked after them, took them to the sick bay and made sure they were okay. **Well done** Chad.

The Week 2 award was presented to **Henry**. He was nervous about coming to camp but he showed courage, perseverance and determination. You repeatedly put yourself out of your comfort zone and tried every single activity that was on offer. You consistently assisted your group to be equally successful. I'm so proud of you. **Well done** Henry.



The 'Wellbeing Award' is presented by our Wellbeing SALT Group and is to recognise someone who has been identified as looking after the health and wellbeing of themselves or others by being inclusive.

Week 1 Chase showcases our school values in a way that supports others and improves the health and wellbeing of our school environment.



Week 2Congratulations *Mahli* for being kind, supportive, positive and encouraging towards others at camp.



FRIENDLY REMINDERS

SHOWCASES



Cooper and Jorja from 5/6 B presented their writing. The class had been completing short writing challenges last week. These consisted of having a common topic like a bear or a mystery door. They had to follow the instructions for each sentence before they found out what they had to do for the following. These sentences were focusing on the skills they had learnt in the classroom. They included description, vocab and even their friends names.



Foundation presented facts about kangaroos.



Three year 5/6 students spoke about their Roses Gap Camp



WARRNAMBOOL TRAVEL KICKBACK

Allansford & District Primary School is pleased to partner with Warrnambool Travel for 2025 as part of a Kickback Program to raise funds for our school.

For every booking made by an Allansford and District Primary School community member, including grand -parents, Warrnambool Travel will offer 1% of each booking as a donation back to the school at the end of the school year.

For example, if we have multiple families book holidays, adding to a grand total of \$30,000 this would equate to a donation of \$300.

The more bookings that come from the Allansford school, the more funds raised, with all monies going toward updating the school's digital devices.

We thank Warrnambool Travel's commitment to giving back to the local community.

This partnership has been endorsed by our Allansford & District Primary School Council, and we invite all extended families looking to book a holiday through a travel agency to please consider Warrnambool Travel.

Warrnambool Travel Manager: Joshua Campbell

Phone: 03 55612233

Email: travel@wbooltravel.com.au







FRIENDLY REMINDERS

X	MON	TUE	WED	THU	FRI J
BE			1	2	3
CTO	6 FIRST DAY OF TERM 4	7 FOUNDATION NURSE VISIT YEAR 3/4 360 SOUTHWEST TERMLY VISIT - ROBOTS & BASKETBALL	8	9	10 3.00PM - ASSEMBLY REGIONAL ATHLETICS- BALLARAT
Ŏ	13 YEAR 5/6 CAMP - ROSES GAP F-2 PORT FAIRY SPRING MUSIC FESTIVAL 12:00-1.00PM	14 YEAR 5/6 CAMP- ROSES GAP 2.30PM - MUSICA VIVA SHOW F-4 PARENTS' CLUB MEETING- 7.30PM	15 YEAR 5/6 CAMP- ROSES GAP YEAR 1 BIG NIGHT / YEAR 2 SLEEPOVER	16 YEAR I/2 DAY OUT YEAR 5/6 CAMP - ROSES GAP TIL DAY	17 3.OOPM - ASSEMBLY
2025	20 3/ 4 REGIONAL HOOP TIME - HAMILTON YEAR 5/ 6 CRICKET-ST. JOHNS	21 7.30PM - SCHOOL COUNCIL	22 YEAR 314 CAMP - SOUTHCOMBEL ODGE PORT FAIRY	23 YEAR 3/4 SAMP - SOUTHCOMBE LODGE PORT FAIRY	24 3.00PM - ASSEMBLY YEAR 3/A-CAMP - SOUTHCOMBE LODGE PORT FAIRY - TIL DAY
	27 YEAR 5/6 REGIONAL HOOP TIME - HAMILTON	28	29	30	31 3.00PM - ASSEMBLY TEACHER'S DAY!

3ER	MON	TUE	WED	THU	FRI
2025 NOVEMBE	3 10am-12pm - Year 3-6 Swimming	4	5 Year 3-6 Swimming	6 Year 3-6 Swimming Division Cricket @ Port Fairy 1.30pm	7 Year 3-6 Swimming 3.00pm Assembly
	10 10am-12pm - Year 3-6 Swimming	11 Remembrance Day 7.30pm - Parents' Club Meeting	12 Year 3-6 Swimming	13 Year 3-6 Swimming	14 Year 3-6 Swimming Transition Visit -Allansford Kinder 3.00pm Assembly
	17 3/ 4 Port Fairy Camp	18 3/ 4 Port Fairy Camp 7.30pm - School Council	19 Year 3 /4 Camp T.I.L Day	20 2.30 - 3.30pm - Colour Run	21 Curriculum Day No school for students
	24	25	26	27	28 Hamilton Gallery Visit for Year 3/4A & Year 3/4B 3.00pm Assembly

FRIENDLY REMINDERS



Parent Letter

ALERT: GET READY FOR THE BEST SCHOOL DAY EVER!

Hi ADPS families,

We are holding a School Colour Run this year. We will be raising much needed funds in the lead up to our event for new furniture (classrooms and outdoor), technology and general play and sport equipment for outside, including the cubby and possible soccer goals with a target of \$15,000 so we're asking all families to contribute as they can.

We are super excited to announce that we will be holding our event on Thursday November 20th (event will be in the afternoon – time TBC) at ADPS!

What is the School Fun Run?

It is an online fundraising program, where all families go home and create their own online profile. You then choose your target prizes and work towards hitting your target! In your profile you will have a unique cyber safe link to share with your family and friends to donate to get you close to your target.

What do we need you to do?

All we need you to do this week is create an online profile at <u>funrun.com.au</u>. The class with the most profiles by Friday 20th October will all get an icy pole!

Also, in the coming weeks of our campaign, keep an eye out for the Wristband Competition for a chance to win a \$500 Prize Credit!

This is an inclusive fundraiser we would love you to be apart of! If you would like to come down and watch your kids run, bring their siblings and we would love to see you there!

Thank you all in advance,

ADPS Parents Club



This fortnight in Big Life we are practicing to spot strengths in ourselves and others. Strengths are the positive qualities that make us who we are, and help us navigate life's ups and downs—like kindness, bravery, creativity, or teamwork. Noticing these strengths in ourselves helps us understand what we bring to different situations. Spotting strengths in others helps us connect, build friendships, and make people feel valued.



WAYS WE CAN SUPPORT Strength spotting at Home:



- Name the strength you notice EG. That was great teamwork"
- 2. Explain what you saw EG. "You showed teamwork when you helped set the table"
 - Appreciate why it matters
 EG. "It made the job quicker and easier for everyone"

By practicing this, children learn to see the good in themselves and in others, and to celebrate the strengths that make everyone unique.

https://sites.google.com/education.vic.gov.au/biglifefootstepsparentaccess/about-footsteps

Wellbeing Words of Wisdom.

Welcome to the Wellbeing Words of Wisdom for this week.

It has been a busy start to the term for students and staff. There have been lots of camps, overnight stays, and trips to provide all students with some fabulous experiences.

Supporting Smooth School Transitions for Every Child

Transitions are a natural part of every child's educational journey—from stepping into Foundation after kinder, to moving up a year level, and eventually heading off to secondary college. While exciting, these changes can also bring uncertainty and anxiety. At our school, we are committed to making these transitions as smooth and positive as possible for students and families alike.

Common Transitions and What They Mean

- **Kinder to Foundation**: Children are adjusting to a more structured environment, new routines, and longer days.
- Year Level Changes: Students meet new teachers, face different expectations, and navigate changing peer groups.
- **Primary to Secondary College**: This is a major leap—new buildings, subjects, teachers, and often a whole new social landscape.

(2) What Children Might Worry About

- "Will I make new friends?"
- "What if my teacher doesn't like me?"
- "I'm scared I'll get lost."
- "Will the work be too hard?"
- "What if I miss my old teacher or classmates?"

These worries are completely normal. The key is to acknowledge them and offer reassurance.

K How Schools and Families Can Help

What Schools Do:

- Organise transition programs like orientation days, buddy systems, and classroom visits.
- Share social stories and visual aids to help younger children understand what is coming.
- Provide extra support for students with additional needs or anxiety.
- Encourage student voice—letting children ask questions and express concerns.

What Families Can Do:

WELLBEING continued

What Families Can Do:

- Talk openly about the upcoming change.
- Visit the new school or classroom together.
- Keep routines consistent at home.
- Celebrate milestones and progress.

When Should Transition Support Begin?

Ideally, transition planning starts **months in advance**. For kinder to Foundation, this might begin mid-year. For secondary college, schools often start preparing students in Term 3. Early conversations, visits, and gradual exposure help children build confidence over time.

10 Tips for Parents to Support School Transitions

- 1. **Stay positive**: Your attitude sets the tone. Speak with excitement about the new experience.
- 2. **Listen actively**: Let your child share their feelings without judgment.
- 3. **Practice routines**: Try school-day routines before the term starts—bedtimes, packing bags, etc.
- 4. **Visit together**: Walk around the new school or classroom if possible.
- 5. **Read books about change**: Stories can help children relate and feel understood.
- 6. **Connect with other families**: Playdates or chats with future classmates ease social worries.
- 7. **Use visual aids**: Calendars, photos, and maps can help children feel more prepared.
- 8. **Encourage independence**: Let them choose their lunchbox or pack their bag.
- 9. Stay in touch with teachers: Share any concerns and ask for updates.
- 10. **Celebrate the transition**: A special breakfast or note in the lunchbox can make the first day feel special.

Transitions are stepping stones to growth. With the right support, children can move forward with confidence, curiosity, and resilience. Let us work together to make every transition a success!

If you have any concerns, please contact your child's teacher. Teachers and your school can help families contact secondary schools to see if additional transition sessions can be accessed.

I am also available to chat with parents or students if you have any worries about any other mental health issues.

Cheers Fiona

