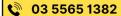


Safe, Respectful & Responsible Learners



Prank St, Allansford 3277

allansford.ps@education.vic.gov.au

allansford-ps.vic.edu.au



KEY DATES

We wish to acknowledge the traditional custodians of the land and pay respect to the elders, past, present and emerging.





TERM 2 - 2025

WEEK TEN

Friday 27th JuneReports will be published on Compass

WEEK ELEVEN

Wednesday 2nd

Years 3-6 Brauer College performance - 'I Spy'

Friday 4th July

Whole school Primary Performers production -'Pinocchio'

Friday 4th July

Final day of term-2.30pm finish

TERM 3 WEEK ONE

Monday 21st July First day of Term 3

Exciting news!

Our front door is being replaced, and the foyer and main corridor are being painted over the holidays!

ALLANSFORD ALIVE SCHOOL NEWSLETTER

STUDENT LEADERS

Congratulations **Chase** on presenting assembly last week. Throughout the week, Chase noticed bigger students helping the little ones to make sure they felt comfortable.

He enjoyed playing footy with his friends.

STUDENT AWARDS

Congratulations on the fantastic efforts you have all shown for a huge range of skills and achievements. You should be proud of your achievements – **WE CERTAINLY ARE!**







MELO AWARD

The 'Melo Award' is presented to a student or students who have made a positive choice to help an individual or group.

This award was presented to **Emma** who has shown responsibility within her classroom, taking it upon herself to pick up an item that wasn't hers, making her class environment clean and welcoming. Amazing effort, Emma

FRIENDLY REMINDERS

VALUES AWARD

Our 'Values Award' is presented to a student who demonstrates our school values. Last week, the Values Award was presented to **Ryder.**

Ryder was helping a little student when they weren't sure what to do. He played tennis with them during playtime to make sure they weren't alone.



Congratulations Ryder on being a genuine, thoughtful and respectful part of ADPS.



KINDNESS AWARD

This week the Kindness Award was presented to Henry.

We had a parent call the school to let us know how helpful he was! You went out of your way to help another student to be safe. Great work Henry!

SHOWCASES

Kade, Sophie, Bella B and Myles from 3/4 shared their birds, and Chloe from 5/6B shared her Japanese family rap!



Sarden Club Update – A Huge Thank You!

Dear Families.

We're excited to share some wonderful news from our Garden Club!

First, a huge thank you to Annie Atwell for her generous help in preparing our school garden bed near the staff car park. Annie kindly gave her time to turn over the soil and get the garden bed ready for planting. We are incredibly grateful for your support, Annie—thank you!

Now that the garden bed is ready to go, we're inviting our school community to get involved:

Solution Do you have any sprouted potatoes at home? If so, we'd love to plant them in our garden!

Got herbs or seedlings? I have some sprouted rosemary ready to plant, and we'd love for you to add to the garden too! Feel free to plant any herbs or seedlings directly into the garden bed near the staff car park. Alternatively, you can drop them off at the front office.

A planting form will be available at the front office—please write down what you've planted so we can keep track of our growing garden.

Let's come together and grow something amazing as a community! Warm regards,

Deb Henry and **The Environment SALT Group**

FRIENDLY REMINDERS

Medical Conditions

Please notify the Office if your child's health has changed. Asthma can be particularly bad at this time of year with the cold air - please ensure the Office has the latest copy of their 'Asthma Management Plan' from your doctor, and a puffer is sent to school.

All medication across the school will be stored in the office / sick bay to ensure safety of all students and minimise the risk of a younger person accidentally taking something they shouldn't.

You will now receive notification through Compass if your child attends the sick-bay, so it is easy to monitor the health and wellbeing of your child.

Late arrivals & Early Departures

Thank you so much to everyone who has been supportive of our new processes for signing in late arrivals and early departures. This is now done directly through Compass, so records are accurate instantly.

If the office is unattended, please ring the bell, or knock on the staffroom door.

Bus Travellers

If your child is not on the bus, please contact the Office to notify staff - we don't want to have a child miss the bus if they're supposed to be on.

Student Semester Reports

Your child's semester report will go live on Compass Friday afternoon. Please take the time to read over the report and discuss the progress with your child. This is one snapshot of your child's progress at school.

You will receive a Progress Report in the middle of next term, focusing on behaviour, effort and organisation.

Excursions & Events

We have a couple of wonderful performances occurring for students next week. Please

ensure you have provided consent &/or payment via Compass so your child can attend.



24 Character Strengths

CREATIVITY

- Originality
- Adaptive
- A problem-solver

CURIOSITY

- Interested
- Exploration · Open to new ideas

JUDGMENT

- A critical thinker Thinking things through
- Open minded

LOVE OF LEARNING

- Excited to learn new things
- · Masters new skills

PERSPECTIVE

- · Wise
- Gives good advice
- · Sees the big picture



BRAVERY

- Shows valor
- · Accepts challenges
- Faces difficulties
- Speaks up for what's right

PERSEVERANCE

- Hardworking
- Overcomes obstacles
- · Finishes what is started

HONESTY

- Tells the truth
- · Keeps promises
- Trustworthy

ZEST

- Active Energetic
- Enthusiastic





LOVE

- Warm and genuine
- Prioritizes relationships
- A good listener.

KINDNESS Caring

- Generous
- Compassionate · Nice









SOCIAL INTELLIGENCE Understands others

- Aware of own feelings & thoughts

LEADERSHIP

Encourages others



TEAMWORK

- Loyal
- A team player
- Shows responsibility to groups



- FORGIVENESS
- Gives others a second chance Accepts others'
- Doesn't hold grudges



HUMILITY

- Modest
- Puts attention on others
- Doesn't brag about accomplishments

FAIRNESS

- Cares about what's right
- Sets a good example



- Self-Controlled
- Disciplined
 - Manages feelings and actions



APPRECIATION OF **BEAUTY & EXCELLENCE**

- Feels awe and wonder in nature
- Admires skills of others
- Inspired by the goodness of others

GRATITUDE

- Thankful
- Shows appreciation · Feels Blessed

HOPE

- Optimistic
- Expects the best
- Excited about the future

HUMOUR

consequences before acting

Careful

· Plans ahead

Thinks about

- Enjoys bringing smiles/laughter to others
- Sees the funny

SPIRITUALITY

- Sense of meaning Searches for meani
- Feels a sense of
- Feels interconnected with life

As much of positive psychology science, the research of human strengths is a fairly new area in psychology, mainly kicked off by Martin Seligman and Chris Peterson in 2004.

Seligman started with the idea that positive psychology lacked a common vocabulary for discussing measurable positive traits before 2004 – a bit like traditional psychology had in form of DSM. Diagnostic and Statistical Manual of Mental Disorders, all-comprehensive list on psychological disorders that provided researchers and clinicians with the same set of language from which they could talk about these. Seligman and Peterson concluded that positive psychology would benefit of a similar "dictionary", so they decided to identify, organize and measure positive character traits.

They started by defining the notion of character as traits that are possessed by an individual and are stable over time, but can still be impacted by setting and thus are subject to change. They went through lengthy process of identifying character strengths and virtues - all from brainstorming with a group of noted positive psychology scholars, to examining ancient cultures (including their religions, politics, education and philosophies). Based on this work, they concluded that there are six core virtues present in humanity: courage, justice, humanity, temperance, transcendence and wisdom. This was followed by a model of classification of character traits – each of the six virtues was associated with the set of identified character strengths, which are, "the psychological processes or mechanisms that define the virtues".

Building Strength from the Inside Out!

Students have been learning about their character strengths — the positive qualities that help us think, feel, and act in ways that support ourselves and others. Everyone has their unique mix of strengths, tools that we can use everyday, but especially when life gets tricky. We can "dial up" different strengths to help us stay calm, solve problems, and bounce back — like turning up the volume on a speaker when we need to hear it louder!

How You Can Support This at Home:

Complete the VIA strengths Survey and share your strengths with your child or use the Big Life poster to self-identify as a family.

- 1. Talk about strengths: Ask your child, "What strengths did you use today?" or "Which strength helped you solve a problem?"
- 2. Spot strengths in action: Praise your child when they show character — for example, "I noticed your perseverance when you didn't give up."
- 3. Play the 'Strength Switch' game: When your child is faced with a challenge and is getting frustrated or upset, ask: "Which strength could help you
- 4. Use books or shows to spot characters using strengths (e.g. Moana using bravery, or Paddington showing kindness).

FRIENDLY REMINDERS



WARRNAMBOOL TRAVEL KICKBACK

Allansford & District Primary School is pleased to partner with Warrnambool Travel for 2025 as part of a Kickback Program to raise funds for our school.

For every booking made by an Allansford and District Primary School community member, including grand -parents, Warrnambool Travel will offer 1% of each booking as a donation back to the school at the end of the school year.

For example, if we have multiple families book holidays, adding to a grand total of \$30,000 this would equate to a donation of \$300.

The more bookings that come from the Allansford school, the more funds raised, with all monies going toward updating the school's digital devices.

We thank Warrnambool Travel's commitment to giving back to the local community.

This partnership has been endorsed by our Allansford & District Primary School Council, and we invite all extended families looking to book a holiday through a travel agency to please consider Warrnambool Travel.

Warrnambool Travel Manager: Joshua Campbell

Phone: 03 55612233

Email: travel@wbooltravel.com.au











2026 Enrolments

EXPRESSION OF INTEREST











Please complete an 'Expression of Interest' via the available link which is accessible on our Website or Facebook page to ensure you are kept up to date with our ongoing Transition Events.







We are excited at the prospect of having your child attend our school in 2026.



Frank Street, Allansford 3277



55 651 382



allansford.ps@education.vic.gov.au

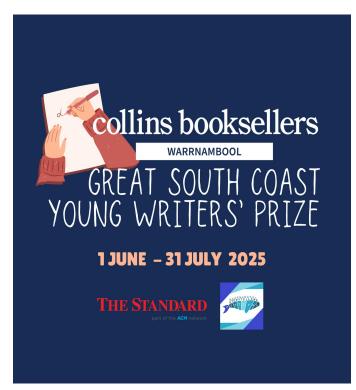


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Allansford and District Primary School

COMMUNITY NEWS





Collins booksellers WARRNAMBOOL Great South Coast Young Writers' Prize

WIN! A year's supply of books* + \$500 book credit for your school Open to all young writers in Years 5 - 8 living in the Great South Coast region

Shortlist will be judged by bestselling & award-winning author JUDITH ROSSELL

Winning entry will be published in full in The Warrnambool Standard



*FOR FULL TERMS & CONDITIONS AND ENTRY DETAILS, SCAN THE QR CODE









THE HUNT IS BACK THESE JULY SCHOOL HOLIDAYS!

TICKETS NOW ON SALE

BUY YOUR TEAM TICKET BEFORE

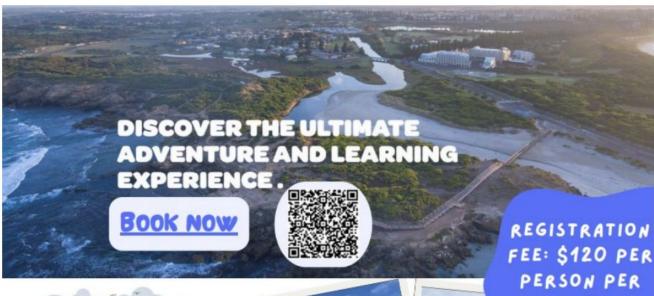
16TH JULY TO EARN A BONUS 20 POINTS!

AND TAG A FRIEND IN THIS POST FOR A CHANCE TO WIN FREE ENTRY TO THE HUNT!

> \$40 PER TEAM 5 - 20 JULY 2025



COMMUNITY NEWS





WARRA GNAN WINTER HOLIDAY PROGRAM

MONDAY 7 JULY TO FRIDAY 18 JULY 2025

Places Limited, Ages 8-12 Enrolments close 1/7/25



- Bike Riding
- Fishing
- · Coastal Walks
- · Beach Games



- · Qualified Teacher Led
- Experienced and qualified Staff
- 8.30am-4.30pm
- Morning Tea, Lunch & Afternoon Tea Provided

Please Scan the QR code to access our registration form.
Enrolments close on Tuesday the 1st

Contact:

www.warragnancamp.com.au info@warragnancamp.com.au

of July









DAY