

Email: allansford.ps@education.vic.gov.au

Phone: 03 5565 1382



## **KEY DATES**

We wish to acknowledge the traditional custodians of the land and pay respect to the elders, past, present and emerging.





**TERM 2 - 2025** 

#### **WEEK SEVEN**

**Friday 6<sup>th</sup> June**Winter Sports, Dennington

#### **WEEK EIGHT**

**Monday 9<sup>th</sup> June** King's Birthday Public Holiday – Pupil Free Day

**Tuesday 10<sup>th</sup> June**Parents' Club Meeting,
7.30pm

**Friday 13<sup>th</sup> June**Curriculum Day – Pupil
Free Day

#### **WEEK NINE**

**Tuesday 17<sup>th</sup> June** School Council meeting, 7.30pm

Student supervision commences at 8.45am

TheirCare is available if needed prior to this time.

## ALLANSFORD ALIVE SCHOOL NEWSLETTER

#### **STUDENT LEADERS**

Congratulations **Gus** for preparing and running a wonderful assembly last week. Gus showed confidence presenting assembly on his own.

#### **STUDENT AWARDS**

Congratulations on the fantastic efforts you have all shown for a huge range of skills and achievements. You should be proud of your achievements — WE CERTAINLY ARE!

#### **MELO AWARD**

The 'Melo Award' is presented to a student or students who have made a positive choice to help an individual or group. Last week, the Melo Award was presented to **Ryder**.

Ryder has shown leadership, dedication, resilience and pride. He stepped out of his comfort zone at the Busy Bee Brunch, taking on the role of our Busy Bee, which he wasn't overly confident in doing. He did a terrific job though and was recognised for his efforts and attitude.









## **VALUES AWARD**

Our 'Values Award' is presented to a student who demonstrates our school values. Last week, the Values Award was presented to **Mackenzie**. Mackenzie has displayed an excellent ability to work with others in her class, sharing with them her understanding of concepts and supporting them to understand better too. Congratulations on being a great team player and encouraging students.

### **KINDNESS AWARD:**

This week we present the award to Bailey.

Bailey demonstrated kindness to a friend who was hurt during the week. He displayed real care, concern and compassion towards this person, helping them out, checking in to see if they were okay, and gathering their belongings for them as well. How lucky is he to have a friend like you Bailey, well done!





## **SHOWCASES**

Thank you to those students who presented work from their classrooms. Miss Marquand's Year 1/2 class presented writing about a chosen character from 'The Truck Cat.'

#### **REGIONAL CROSS COUNTRY**

Congratulations Harley and Emmett on competing at the Regional Cross Country, held at Albert Park on Monday.

Harley's stellar effort means he has now qualified for the State Cross Country in 2026.

Emmett smashed it with a 4th place finish out of 65 competitors, earning himself a spot at State Cross Country in the Yarra Valley on July 24th!

We are proud of these boys for their hard work, dedication, and awesome sportsmanship!









## FRIENDLY REMINDERS

## **Appointments**

It is essential that students and teachers are not interrupted during class time – our priority is your child's education. Please contact your child's classroom teacher to organise a meeting if you have an issue to discuss. Likewise, please contact the office to make an appointment to see Mrs Watkins.

## **2026 Enrolments**

Do you have a child starting school in 2026? Enrolments are now open! Please contact the office for further information. We are thrilled at the prospect of having your child attend our school in 2026.

## Choir

Choir continues each Friday during lunchtime with Emma Annett. We love the many different opportunities we can offer our students to meet their individual needs and passions.

## **ALLANSFORD COMMUNITY MEETING**

Regarding Bridge Closure & Flood Study 28<sup>th</sup> May @ 6.30 pm

The Recreation Reserve Ziegler Parade

## **Everyone Welcome**

Residents of Allansford and surrounds are invited to attend a public meeting to discuss the closure of the Allansford Bridge and to the recent flood study.

Your voice matters!! Come along to ask any questions, express concerns and help shape the future of our community!!

We are looking at setting up a working party to Lobby Council and the State government so the town can work on a path forward.

Any queries call Vicki 0415 738 987

Our Zones of Regulation describes our emotions that are divided into similar energy levels or alertness. This term students are working on ways to positively cope and care for their emotions, so that they can remain engaged in their learning throughout the day at school.



Blue zone describes low or slow energy levels/alertness. Eg. Sad, tired, bored, disinterested.

Yellow Zone describes emotions that are higher energy/ alertness that mean we are starting to lose control of our emotions and might need to do something to calm ourselves down.

Examples include:

Examples include: excited, frustrated, worried, upset, wriggly.



describes emotions were we are ready to learn, good to go, happy, calm, in flow.



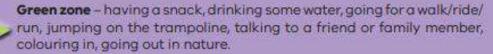
Red Zone emotions describe emotions where we can lose control and we are at risk of our & others safety. Eg. furious, Ecstatic, flipping our lid, overjayed.



You can support your child to work on ways to cope and care for their emotions at home by talking about ways you care for your different emotions and zones. And by practicing positive coping strategies with your child, to help them care for their emotions. Either when they are experiencing that emotion or when they are calm.

## Ways to care:

Blue zone – something to lift their energy – eg. change the activity they are doing, have a sleep, drink of water, have a cuddle with a special adult or teddy, ask for help.



**Yellow zone** – Taking some deep belly breaths, listening to music, talking about their feelings, watching a tv show, colouring in, moving their body – jumping on the trampoline, pushing, pulling, skipping, using a weighted blanket, finding a quiet place to read, writing a thank you letter.

**Red Zone** - Stop what they are doing and find a safe space to have quiet time, take shoes and socks or jumper off, take cold drink, take some deep belly breaths or do a mindfulness activity, find a quiet and safe space outside, cuddle a teddy or into a snuggly doona.



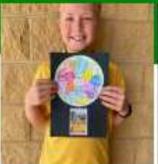
# 2026 Enrolments

EXPRESSION OF INTEREST











Please complete an 'Expression of Interest' via the available link which is accessible on our Website or Facebook page to ensure you are kept up to date with our ongoing Transition Events.







We are excited at the prospect of having your child attend our school in 2026.



Frank Street, Allansford 3277



55 651 382



allansford.ps@education.vic.gov.au



www.allansford-ps.vic.edu.au/



Allansford and District Primary School

## **COMMUNITY NEWS**

#### WARRNAMBOOL TRAVEL KICKBACK

Allansford & District Primary School is pleased to partner with Warrnambool Travel for 2025 as part of a Kickback Program to raise funds for our school.

For every booking made by an Allansford and District Primary School community member, including grand -parents, Warrnambool Travel will offer 1% of each booking as a donation back to the school at the end of the school year.

For example, if we have multiple families book holidays, adding to a grand total of \$30,000 this would equate to a donation of \$300.

The more bookings that come from the Allansford school , the more funds raised, with all monies going toward updating the school's digital devices.

We thank Warrnambool Travel's commitment to giving back to the local community.

This partnership has been endorsed by our Allansford & District Primary School Council, and we invite all extended families looking to book a holiday through a travel agency to please consider Warrnambool Travel.

Warrnambool Travel Manager: Joshua Campbell

Phone: 03 55612233

Email: travel@wbooltravel.com.au









## How to enrol – in 3 easy steps!

- 1. Visit TheirCare website: <a href="www.theircare.com.au">www.theircare.com.au</a>
- 2. Book Now' in the top right-hand corner
- 3. Register your child's details